Nebraska Pyramid Model Module Trainings

Module Number	Training Name	Description	Objectives	Hr	Event Format
Pyramid **Module 1a**	Building Nurturing and Responsive Relationships	This module training will focus on creating supportive responsive relationships among adults and children as an essential component in promoting healthy social emotional development.	1. Participants will develop a basic understanding of the Pyramid Model 2. Participants will be able to define social emotional development and describe how it unfolds in the context of relationships. 3. Participants will learn basic principles of brain development and the main structures of the brain. 4. Participants will be able to describe the importance of building relationships with children, families, and colleagues. 5. Participants will be introduced to several factors that influence relationships and social emotional development including attachment, trauma, and temperament. 6. Participants will be able to describe the relationship between children's social emotional development and challenging behaviors. 7. Participants will make a plan for implementing strategies they learned in the training.	6	Workshop-Training

Nebraska Pyramid Model Module Trainings

Pyramid Module 1b	Understanding and Creating High Quality Supportive Environments	This module training will focus on assessing and creating high quality early childhood environments that promote positive outcomes for all children.	1. Participants will develop a basic understanding of the Pyramid Model.
			2. Participants will be able to describe the relationship between environmental variables, children's challenging behaviors, and social emotional development.
			3. Participants will be able to identify strategies that can be used to:
			   a. design environments, schedules, and routines;
			   b. structure transitions;
			   c. help children learn rules and routines; and plan activities that promote engagement
			4. Participants will be able to effectively use descriptive praise to support children's positive social behaviors.
			5. Participants will make a plan for implementing strategies they learned in the training.
				6	Workshop-Training

Nebraska Pyramid Model Module Trainings

Pyramid Module 2a	Importance of Social Emotional Teaching Strategies	This module training will focus on how to intentionally teach social emotional behaviors in young children including friendship skills and empathy.	1. Participants will be reminded about key concepts from Modules 1A and 1B, including brain development and the importance of responsive and supportive adult-child relationships. 2. Participants will be able to discuss why it is important to be intentional about teaching social emotional skills. 3. Participants will be introduced to the idea of individualizing instruction for different ages and abilities. 4. Participants will identify strategies for supporting the development of friendship skills. 5. Participants understand the importance of providing opportunities for children to begin to understand their own, as well as others' emotions (empathy). 6. Participants will make a plan for implementing strategies they learned in the training.	6	Workshop-Training

Nebraska Pyramid Model Module Trainings

Pyramid Module 2b	Enhancing Emotional Literacy Skills and Problem Solving	This module training will focus on how to teach social emotional behaviors in young children including problem solving skills and emotional literacy.	1. Participants will be able to discuss why it is important to be intentional about teaching social emotional skills. 2. Participants will be able to define emotional literacy and identify activities that build "feeling vocabularies". 3. Participants understand the importance of providing opportunities for children to begin to understand their own, as well as others' emotions. 4. Participants understand why children need to learn to control anger and handle disappointment and identify strategies to teach anger management skills. 5. Participants understand the importance of teaching problem solving and identify problem-solving steps. 6. Participants will make a plan for implementing strategies they learned in the training.	6	Workshop-Training

Nebraska Pyramid Model Module Trainings

Pyramid **Module 3a**	Individualized Interventions	This module training will focus on a deeper understanding of the Pyramid Model as a framework for supporting challenging behavior.	1. Participants will gain a deeper understanding of the Pyramid Model as a framework for supporting challenging behavior. 2. Participants will review key concepts from Modules 1A, 1B, 2A, and 2B and identify how they are foundational to developing individualized interventions for children. 3. Participants will gain a basic understanding of the crisis of suspension and expulsion in the early childhood setting. 4. Participants will explore implicit bias and the role of the adult in suspension and expulsion. 5. Participants will discuss the role of mindful awareness in understanding challenging behavior and managing their own reactions to the behavior of children. 6. Participants will make a plan for implementing strategies they learned in the training.	6	Workshop-Training

Nebraska Pyramid Model Module Trainings

Pyramid **Module 3b**	Intensive Intervention	This module training will focus on the process of partnering with families to develop an individualized support plan for young children with the focus on Preventing the challenging behavior from occurring Teaching a new strategy to replace the challenging behavior Reinforcing the new behavior so it replaces the challenging behavior	1. Participants will be able to define and identify the characteristics of challenging behavior. 2. Participants will be able to describe how challenging behavior serves a function for children. 3. Participants will practice identifying the form and function of challenging behaviors. 4. Participants will practice observing and gathering information about children's behaviors. 5. Participants will understand the collaborative process of supporting children with challenging behaviors. 6. Participants will identify ways to partner with families in understanding and addressing concerns about behavior. 7. Participants will describe and use a process for developing and implementing a support plan to respond to challenging behaviors. 8. Participants will make a plan for implementing strategies they learned in the training.	6	Workshop-Training