



Prevent Strategy Transition Warnings



Transition warnings let your child know when an activity is about to end and a new activity is about to begin. Providing transition warnings can prevent challenging behavior by creating a more predictable environment for your child.

Types of Transition Warnings

A verbal warning about how much time is left before the activity ends and/or a new activity begins.



"One more minute and then blocks are all done."

Familiar song used during each transition, such as a clean up song.



"Clean up, clean up, everybody, everywhere..."

Use a visual such as a first-then board or your child's visual schedule.



"First bath, and then watch a movie."

Use a timer to let your child know how much time is left before the activity ends.



"When the timer goes off, it will be time to get dressed."

For older children (who understand time), ask how much more time they need before transitioning. You can provide choices to ensure the time is reasonable.



"How much longer do you think you should have on the iPad? Five minutes or 10 minutes?"

For more information on using other prevent strategies, [click here](#).

