





# SEBL TRAINING: FOUNDATION

## STOP 1: Aligning SEBL Efforts

Social Emotional Behavioral Learning (SEBL) is an essential component of a multi-tiered system of support. Attendees will examine the importance of SEBL and implementation alignment with other student supports within a multi-tiered system (e.g., PBIS, Pyramid Model, Comprehensive School Mental Health). Teams will be given time to reflect on the next steps toward SEBL implementation.

### TRAINING DETAILS

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**WHO:** District or school leadership teams. View Appendix A of the [NeMTSS Framework Document](#) for suggested team members.

**WHEN:** a) NeMTSS recommends teams attend this workshop as they begin to explore SEBL/PBIS efforts. b) The district/school team has identified, through data, that SEBL is a need.

**WHY:** Promote the systematic process of fostering social and emotional skills among students and adults in order to create safe and supportive environments with positive behavioral outcomes for all.



# SEBL TRAINING: TIER 1

## STOP 2: Tier 1 School-Wide

Tier 1 implementation begins with a school-wide or program-wide focus. The training will offer information, guided practice, and coaching on school-wide essential elements. It is recommended that interested schools attend with a team of staff that can learn and apply best practice strategies to develop a multi-tiered framework for social, emotional, and behavioral learning.

## STOP 3: Tier 1 Classroom

Classroom training builds on already established school-wide essential elements. The focus is to provide instruction, guided practice, and coaching on research-based social, emotional, and behavioral practices for classroom instruction. These practices are designed to maximize student academic engagement and time on task. School team members will have time and support for planning the next steps for implementation.

## TRAINING DETAILS

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**WHO:** District or school leadership teams. View Appendix A of the [NeMTSS Framework Document](#) for suggested team members.

**WHEN:** Attend the Tier 1 trainings after a committed team is established to systematically support social, emotional, and behavioral needs of all.

**WHY:** Establish the systematic process of fostering social, emotional, and behavioral skills at the universal level by promoting prevention strategies and explicit instruction to support the SEBL development of all.



# SEBL TRAINING: TIER 2

## STOP 4: Tier 2 Overview

Teams will learn the essential components of Tier 2 social, emotional, and behavioral practices within a MTSS, including the use of data to identify unmet needs and create a continuum of support. Steps will be identified to develop a system that allows for the efficient application of Tier 2 practices.

## STOP 5: Tier 2 CICO

Check In/Check Out (Hawken, 2020) is an easy to implement, evidence-based intervention that provides students with positive connections with adults, and increased feedback on their performance throughout the day. Teams will learn how to install CICO, the essential components of the intervention, and how to monitor student progress.

## STOP 6: Beyond CICO

This training focuses on implementing additional Tier 2 supports with an emphasis on direct teaching of social and emotional skills and modifying interventions to meet student needs, including utilizing function-based thinking to determine appropriate support.

## TRAINING DETAILS

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**WHO:** District or school leadership teams. View Appendix A of the [NeMTSS Framework Document](#) for suggested team members.

**WHEN:** Once core SEBL practices are in place and meeting the needs of most learners, attend these trainings to learn how to systematically layer SEBL supports.

**WHY:** Strengthen the organization and skills of adults to systematically support the SEBL increased needs of some students.



# SEBL TRAINING: PIT STOPS

## Coffee Connect Series

This series aims to build collaboration, community, and capacity among educators and others implementing SEBL in Nebraska schools. These conversations are open to all educators and those working to support SEBL across the state.

## SWIS Application

This opportunity will allow school districts to engage in guided practice and receive coaching to maximize the use of SWIS data concerning student achievement and system sustainability. Participants will engage in various data-based decision-making activities, including tips and tricks on how to use the SWIS program for continuous improvement.

## PBIS/SEBL for Administrators

This training helps administrators understand their role, responsibility, and impact on MTSS implementation in their school or district. The training details what a multi-tiered system of support for social, emotional, and behavioral learning is, how administrators affect the implementation progress, and why this is essential to include as part of the continuous improvement process. Opportunities to collaborate with other administrators will be available.

## Teaming Structures

This webinar will provide district and school teams the opportunity to explore and reflect on the different teams within their building and how best to align them.

## Using SEBL Data to Problem Solve

This training will provide an overview of the problem-solving process. Teams will learn about SEBL data sources and identify how they can use data-based decision-making to identify and support students' social, emotional, and behavioral needs.